



15th March 2024



Dear Parents and Carers,

Easter Bonnet Parade

Thursday 28th March is the end of term. At the end of the Spring term we always have our Easter bonnet parade. Children are invited to come to school with an Easter bonnet that they have made (I have included some examples below). Mrs Pipe (the headteacher of Parkgate Junior School) has agreed to visit us in the morning and will choose one bonnet from each year group to win a prize.

At 12.45pm children will then come on to the playground and parade their bonnets. The children love this every year and we would like to invite parents to watch. This year we will be asking our 15 hour Nursery children to stay in school until 1.15 (our finish time) and Nursery will also join the parade with the rest of the school.

After the parade children then come back into school, collect their belongings before being collected at 1.15pm from their normal doors. Parkgate Pirates will not run after school on Thursday 28th March but will run in the morning as normal.



Easter Egg Hunt

The friends of Parkgate Infants have asked me to share that they will be running an Easter Egg hunt next week. All children will receive an egg. We would ask for a voluntary contribution of 50p towards the egg hunt.

Nut Free School

Please be aware that we are a nut free school. Please ensure that all food in children's packed lunches are nut free.

Mr Pritchard

Our School Council met the Roofers!

On Monday the School Council met up with Paul from the roofing company as they had lots of questions about our roof. Please see below a report from the school council following their meeting:

Why are you fixing the roof?

Because the roof was very old and water was getting inside. The new roof will keep it dry and also make it nice and warm inside.

What materials do you use to make the new roof?

The main ones we use are timber which is planks of wood, boards and then it is covered in special felt which is what makes it waterproof.

What tools do you use?

We do have lots of different tools but some of the special ones we use on this type of roof are a nail gun which is what makes some of the noise you can hear inside, it has a special gas inside which automatically fires the nails out to keep the wood in place. We also use a blow torch which produces a big flame to heat everything up because we have to make the rubber on the back of the felt go sticky so it seals it to the roof.

How do you get up and walk around on the roof?

If you look at the school you can see that there is scaffolding all around it. There is a special staircase around the side which we use to go up and down as it is easier to carry things up and down and there are special walkways all round the roof which again make it a bit safer and easier for us.

Is it scary up on the roof?

Your roof is not as high as some of the ones we go up on but safety is always very important especially when it is icy or wet and windy which can be a bit dangerous.

When will it be finished?

There is still quite a bit more to be done but we should be finished at the end of May.

We then had a look around at the scaffolding and Paul showed us the stairs and the walkway, we also saw some of the wood and boards that are being used to fix the roof.



DATES TO REMEMBER

18.3.24—Hedgehog Spring Walk
 19.3.24—Mole Spring Walk
 20.3.24— Inclusion Coffee Morning
 22.3.24—Hedgehog Sharing Assembly
 28.3.24—Easter Bonnet Parade

28.3.24—Term ends 1.15pm

Attendance

Well done to **class** who had this weeks best attendance!



Badger Class	98%
Fox Class	95%
Rabbit Class	83.9%
Squirrel Class	89.6%
Mole Class	90%
Hedgehog Class	93.6%

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Burger in a Bun (v)	Beef Bolognese	Roast Chicken with Sage and Onion Stuffing and Gravy with Roast Potatoes or Wholemeal Pasta	Pork Sausages with Gravy	Fishcake with Oven Chips or Pasta
Baked Bean and Cheese Slice (V)	Sweet Potato and Pea Samosa Burrito (v)	Quorn Fillet with Sage and Onion Stuffing and Gravy with Roast Potatoes or Wholemeal Pasta (V)	Cheese Pinwheel (V)	Cheese and Tomato Pizza with Oven Chips or Pasta (V)
Cheese Sandwich (v)	Cheese Baguette (v)	Ham Sandwich	Tuna Roll	Egg Roll (v)
Tomato Pasta with Cheese (v)	Jacket Potato with various toppings	Jacket Potato with various toppings	Cheesy Pasta (v)	Jacket Potato with various toppings
		Halal Roast Chicken with Sage and Onion Stuffing with Roast Potatoes or Wholemeal Pasta		

Stars of the Week



Badger— Judah
 Fox— Haider
 Rabbit— No consent
 Squirrel—Scarlett
 Mole— Zebi
 Hedgehog—Musa A

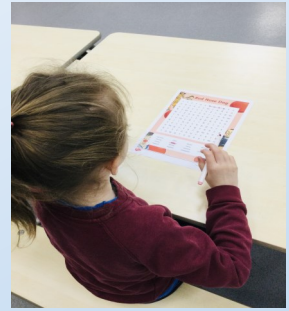
Learning Awards



Badger— Maya
 Fox— Christiana
 Rabbit— Imaan
 Squirrel— Eliza
 Mole— Mithran
 Hedgehog— No consent

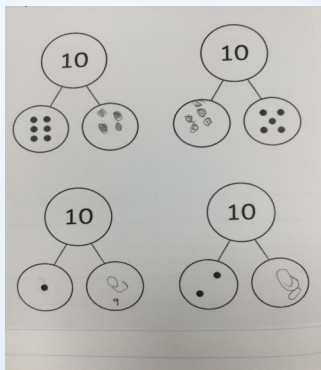
Well done!

This week in Parkgate Pirates....



This week, we have been talking to the children about the purpose of Red Nose Day and Comic Relief. The children really enjoyed learning about this very important event, and they even told each other their favourite jokes to make each other happy.

This week in Hedgehog class



This week we have been reading the story 'The Train Ride' by June Crebbin. We have thought about what we might see from the window if we were on a train journey. We had lots of lovely ideas including a field of flowers, the London Eye, a lighthouse and even Wembley stadium! We then painted our view from the train. We have also been learning about the different parts that make a whole in maths.

Book Sale

Thank you to all those who came to our popular book sale last week. More than 100 books went home with children, which makes us very happy!

Donations of Tissues

We have had many coughs and colds in school and we are in need of some donations of tissues.

If you can spare a box of tissues, please hand them to your class teacher. Thank you.

Inclusion Coffee Morning



Come and join us on Wednesday 20th March at 8.45am for an informal coffee morning for parents/carers. It will be held in the school hall.

- Meet other parents/carers.
- Advice and support available.
- Refreshments provided.

We look forward to seeing you there.



Hertfordshire
Family Centre
Service

NHS
Hertfordshire Community
NHS Trust

School Nursing

Spring 2024

Public Health Nursing 5-19 Team Newsletter

Welcome!

The school nursing team continues to support children in Hertfordshire mainstream schools.

Ways to contact us

School Nursing Duty line:
0300 123 7572
(Mon-Fri 9am-5pm)

Our referral website, which also has information about our service:



[School nurses in Hertfordshire
\(hertsfamilycentres.org\)](https://hertsfamilycentres.org)

Social Media



@hert_schoolnursing
hertscnhealth.hat



@HCT_SchoolNurse



hert SchoolNursing

Measles

Measles infection is caused by a virus, and spreads between people very easily. Around 1 in 15 people with measles can become seriously unwell.

What are the symptoms of measles?

A high temperature, runny or blocked nose, sneezing, a cough, red sore eyes.

Having the MMR vaccine is the best way to prevent measles.

To find out more, check out the National Measles Guidelines:

(UK Health Security Agency, 2024)



Emotional Health

Children can use many techniques to help reduce their stress and relax. There are many techniques on www.healthforkids.co.uk that you can teach your child to help them relax during times of stress. It's important that these are practised when your child is in a calm state.



Why not try the lanterns game to help your child express how they are feeling?



It's all about finding out what works for you and your child.

Special Educational Needs

The Hertfordshire Local Offer has lots of information about services for you if you have special educational needs and disabilities.

[The Hertfordshire SEND Local Offer](https://www.hertscnhs.uk/sen)

SPACE supports young people who are neurodivergent. Whether you think you may be, are going through the diagnostic process, or have already received a diagnosis, SPACE are here to support you.

[SPACE Hertfordshire](https://www.spacehertfordshire.org)



Chicken Pox

Chicken pox can appear at any age. It usually gets better after 1-2 weeks, without the need to see a GP. An itchy, spotty rash is the main symptom, which can appear anywhere on the body.

Chicken pox appears in 3 stages:

1. Small spots appear
2. Spots become blisters
3. Blisters become scabs

Other symptoms may include high temperature, generally feeling unwell and loss of appetite.

Children will need to stay off school until all spots have scabbed, usually 5 days after the spots appear.

For more information, check out www.nhs.uk/conditions/chickenpox

Headlice

Headlice can make your head feel itchy or like something is moving in your hair. Treat headlice as soon as you spot them. You can treat headlice without seeing a GP.

To remove headlice, comb the hair with a special fine-toothed comb. You can buy these online or at pharmacies. There's no need to keep your child off school.

Lice can be removed by wet combing:

1. Wash hair with ordinary shampoo, apply lots of conditioner.
2. Comb the whole head of hair, from the roots to the ends.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that hair is free of lice after 17 days. See www.nhs.uk/conditions/head-lice-and-nits/ for more information.

