

WEEK 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Suffolk Pork Sausages (Gravy Optional) with potato wedges	Beef Bolognese with Wholemeal Spaghetti	Roast chicken with sage and onion stuffing Roast Potatoes or Pasta Choice	Shepherd Pie with creamed potatoes.	Fish Fillet with Low Fat Chips or Pasta Choice
Wallace and Gromit BBQ pasta (V)	Cheese and Onion Pasty with diced potatoes (V)	Quorn fillet (V) with Roast Potatoes or Pasta Choice	Vegetarian toad in the hole with creamed potatoes (V)	Cheese and Tomato Pizza (V) with Low Fat Chips or Pasta Choice
Fresh Fruit Salad with Shortbread Finger	Apple crumble with custard	Carrot and Orange Cake with Custard	Iced Smoothie	Mini gingerbread and fresh fruit

WEEK 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken pasta with crusty bread	Burger in a bun with potato wedges	Roast Pork with Roast Potatoes or Pasta Choice	Meatloaf with creamed potatoes	Breaded salmon with low fat chips or pasta choice
Jacket potato with vegetarian bolognese (V)	Vegetable burger in a bun with potato wedges (V)	Quorn deli wrap with roast potatoes or pasta (V)	Macaroni cheese with wholemeal garlic bread (V)	Cheese and Tomato Pizza (V) with Low Fat Chips or Pasta Choice
Banana Loaf with custard	Fresh fruit and ice cream	Scotch pancake with fruit and ice cream	Sticky chocolate muffin	Fresh fruit and mini oat cookie

WEEK 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and potato wedges	Beefy pasta bake	Roast Gammon with Roast Potatoes or Pasta Choice	Traditional Chicken Pie with creamed potatoes	Fish Fingers with Low Fat Chips or Pasta Choice
Cheesy Pin Wheel and potato wedges (V)	Quorn Hot Dog with diced potatoes (V)	Pasta Bake	Jacket Potatoes with baked beans (V)	Favourite Pizza (V) with Low Fat Chips or Pasta Choice
Fruit yoghurt muffin	Raspberry Mousse	Banoffee Ice Cream	Lemon Biscuit with Custard	Mini Sponge Finger and Fresh Fruit