



Child’s Name: _____ Class: _____

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with Gravy and Creamed Potatoes	Beefy Pasta Bolognese	Roast Pork with Sage and Onion Stuffing with Roast Potatoes or Wholemeal Pasta	Chicken Curry With Rice	Salmon Nibbles and Low Fat Chips or Pasta
Beany Bolognese with Pasta (v)	Cheese and Broccoli Bake (v)	Spanish Omelette with Roast Potatoes or Wholemeal Pasta (v)	Quorn Hot Dog with Diced Potatoes (v)	Cheese and Tomato Pizza Low Fat Chips or Pasta (v)
Tuna Roll	Chicken Mayo Wrap	Cheese Roll	Ham Baguette	Egg Roll
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Korma Fillet with Savoury Rice	Burger in a Bun with Potato Wedges	Roast Chicken with Sage and Onion Stuffing with Roast Potatoes or Wholemeal Pasta	Beef Lasagne with side salad	Fish Fillet with Low Fat Chips or Pasta
Cheese Pinwheel with Diced Potatoes (v)	Creamy Vegetable Pie Potato Wedges (v)	Veggie Sausages with Roast Potatoes or Wholemeal Pasta (v)	Quorn Pattie with Potato Wedges (v)	Cheese and Tomato Pizza with Low Fat Chips or Pasta (v)
Tuna Roll	Chicken Roll	Cheese Baguette	Ham Roll	Egg Baguette
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in Tomato Sauce with Pasta	Shepherd’s Pie	Roast Beef with Yorkshire Pudding, Roast Potatoes or Wholemeal Pasta	Chicken Pie with Creamed Potatoes	Fish Fingers with Potato Wedges or Wholemeal Pasta
Vegetable Bake topped with Crispy Potatoes (v)	Macaroni Cheese with Garlic Bread (v)	Vegetable Curry with Rice (v)	Italian Pasta Bake (v)	Cheese and Tomato Pizza With Potato Wedges or Wholemeal Pasta (v)
Tuna Roll	Chicken Mayo Wrap	Cheese Roll	Ham Baguette	Egg Roll
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans

**Freshly Baked Bread available daily plus a selection of Vegetables and Salad Bowls
 Fresh Fruit, Yoghurt, Fruit Jelly and Cheese & Biscuits available daily**